

# ELYSIAN ACADEMY'S

## 3 DAY MICROBLADING COURSE SCHEDULE

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### Day 1:

#### 9:00 AM: Introduction to Microblading

- Differences between PMU, Tattooing and Microblading
- Supplies and tools required for the procedure
- Skin types; candidates for the procedure
- Size of pores, thickness and durability of skin; how these affect the procedure
- Contradictions and contraindications of the procedure

#### 10am: Learning the correct eyebrow shape

- Using bone structure, the 3 points and facial features

#### 11am: Shaping practice

#### 12-1pm: LUNCH

#### 1pm: Shaping practice on latex

#### 2pm: Stroke patterns

- The "Three Point Stretch"
- Common stroke mistakes
- Latex Demo

#### 3-5pm: Microblading practice on latex

#### HOMEWORK: face shapes and stroke practice on latex

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### Day 2:

#### 9am: Homework check

- Performing the consultation

#### 10am: Detailed instructions on the steps of the procedure

#### 10:30am: MICROBLADING & SHADING DEMO BY Elena Necip

#### 11am: Manual Shading

- Introduction to Manual Shading
- PMU VS. Manual Shading
- Skin Types
- Thickness and Durability
- Manual Shading Techniques
- Manual Shading Blueprints/ Zoning
- Manual Shading: Steps of Procedure

#### 12pm: Shaping practice on latex

#### 1pm: Lunch

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### Day 2:

2-6pm: Students work on live models

- Question and Answer period

**HOMEWORK: Stroke & Shade practice on latex**

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### Day 3:

9am: Homework Check

9:15am: Colour Theory

- "Fitzpatrick Colour Scale"
- Colour theory – warm, cool, neutral skin types to how to choose pigments to achieve the correct colour match
- Colour Formulation Quiz

11am: After care protocol

- Achieving long-lasting results
- Performing touch-ups

11:30am: Business Basics

- Ordering tools and supplies
- Proper set up-What you'll need
- How to register your business
- How to create a portfolio
- How to get clients and grow your business

12:30-1:30pm: Lunch

1:30pm: Final Questions

- Course Feedback
- Certifications and Photos
- Additional time: latex practice

2-6pm: Students work on live models

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\*Please note that the above scheduled times are an estimate based on past trainings and may change slightly depending on class sizes